

## Physician Sentiment Survey 2023-2024:

# Almost All U.S. Physicians Feel Burned Out on a Regular Basis, with Many Having Considered a Career Change

## Widespread Physician Burnout

**93%** of physicians today feel burned out on a regular basis



Moreover, physicians are spending about **15 Hours** each week working outside of normal business hours

**56%**

of physicians surveyed reported that they would like to either quit the medical profession altogether or stay in the industry but stop seeing patients



## Excessive Patient Communication

**77%** feel overwhelmed by excessive patient communication demands

24/7 EMAILS, PHONE CALLS, TEXT MESSAGES, ETC.



**60%** say they are expected to respond to patient communications at "all hours of the day, every day of the week"

**66%** of female physicians report that constant demand to respond to patients outside the visit drives burnout versus 42% of male physicians

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## Unsustainable Workload

**1 IN 2** physicians say their daily workload has become unsustainable

Reported average hours spent working outside of the normal business day

**+17.5 HRS** For those who believe their workload is unsustainable

**+12.4 HRS** For those who believe their workload is sustainable



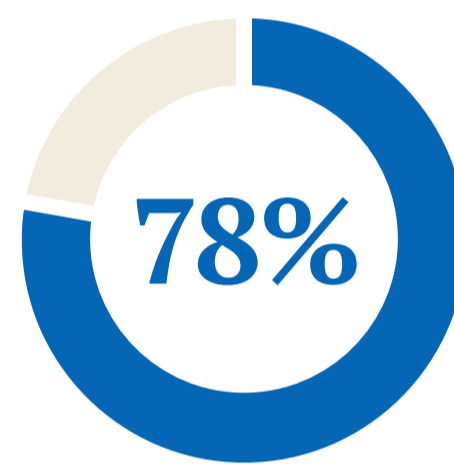
## Financial Viability

Those who feel financially more secure use **both payment models (fee-for-service and value-based care)**, in comparison to those who use either model alone

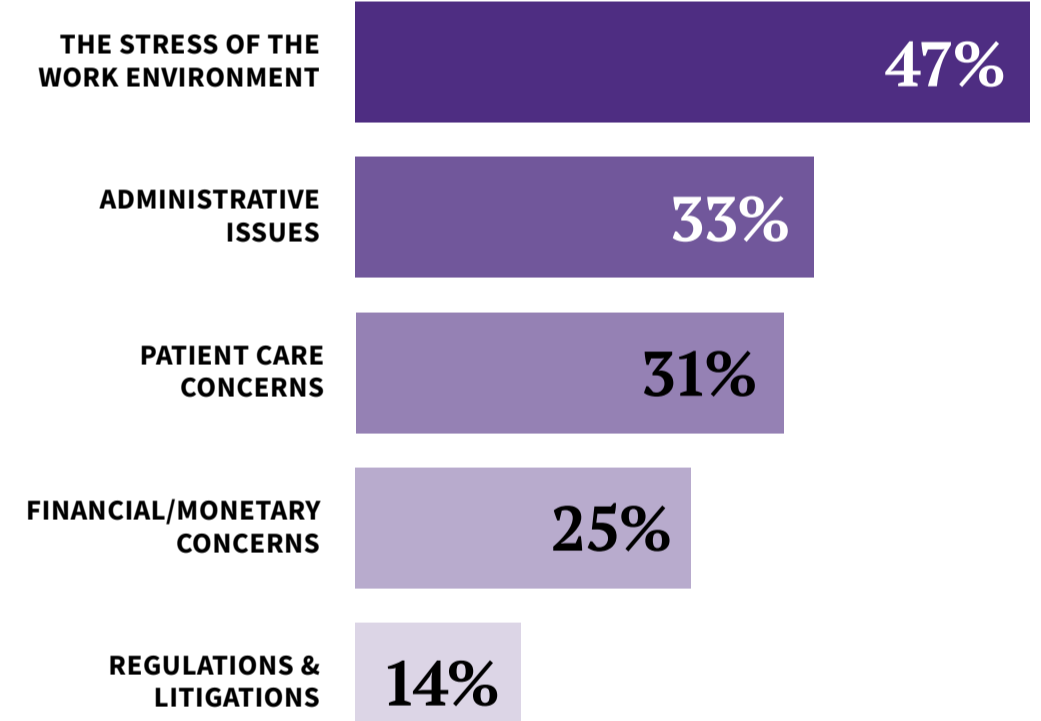
**4 IN 10** physicians believe their organization/practice is on solid financial footing

## Staff Attrition

78% of physicians note that staff shortages and/or poor staff retention are currently impacting their organization



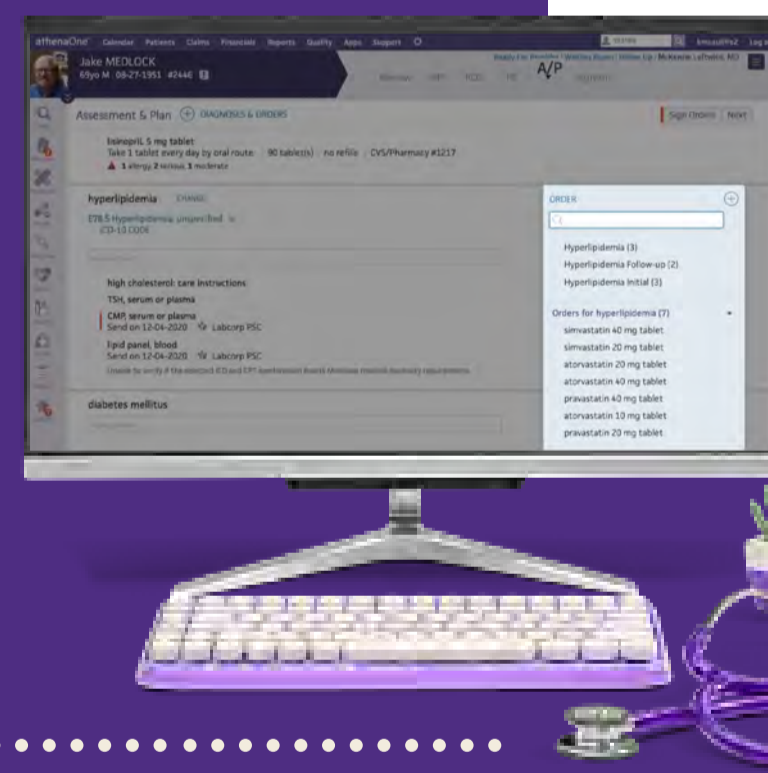
Of physicians who have considered (seriously or not) leaving the medical field, the **leading issues** are:



# A Cause for Optimism: AI in Healthcare

Technology plays a critical role in shaping a more positive future

**83%** said they believe that **Artificial Intelligence (AI)** could eventually alleviate many of the problems facing healthcare



## Opportunities for EHRs

A majority believes that technology is helping most physicians manage:

**65%** high-quality care **58%** patient workload **54%** efficiency

### The leading potential benefits of AI in healthcare:

**42%** Identifying patterns and anomalies in patient data that a physician might miss

**39%** Reducing burdens and streamlining administrative tasks

**35%** Increased healthcare efficiencies

Physicians are nearly twice as likely to see AI as part of the solution, rather than part of the problem



**39%** optimistic **21%** pessimistic **40%** not sure

Belief that AI is part of the solution is led by:

**52%** age 50 or younger **45%** non-white **43%** male

**94%** agree that getting the right clinical data at the right time is very important to them

Those who believe their EHR makes them more efficient spend on average

**TWO HOURS LESS EACH WEEK**

outside of their normal business day than those who do not (14 hrs/week vs. 16 hrs/week)